

Morale-Boosting Checklist

Adapted from *The Big Bearded Ginger's Guide to Team Fixes*.

Name

Team

Date

☐

I have looked for signs of low morale and acknowledged them out loud.

Owner

By when

☐

I have created at least one achievable quick win to regain momentum.

Owner

By when

☐

I have recognized individuals for their effort or contribution.

Owner

By when

☐

I have added a small moment of relief or lightness to the day.

Owner

By when

☐

I am prepared to reset again if the slump returns.

Owner

By when

QUICK TIP

Morale is not magic. It is momentum.

NOTES